

sago spa and salon

menu of spa and salon services

Sago is an underwater grass found in the majestic Chesapeake Bay. Sago is known for its ability to withstand the strong bay currents and waves. It is home to many varieties of fish and responsible for providing life, vitality and nourishment to not only the Bay but all of its inhabitants.

hyatt spas

Each a reflection of the world around it.
Every moment, an opportunity to enjoy
and discover. Mindful of the body and the
natural world, every Hyatt Spa is an invitation
to taste the local flavor, experience personal
wellness and absorb infinite beauty.
Experience the best in spa, authentically
and intimately, at Hyatt Spas.

hyattspas.com

Life, Vitality, Nourishment

Situated in a place where the salt water of the ocean meets the fresh waters of its surrounding rivers is a spa called Sago. The Chesapeake Bay's importance has been reflected in one of the early names that was given to it- "Mother of Waters".

The rise and flow of this tidewater has long had an effect on the livelihood of Maryland's Eastern Shore. Sago has managed to capture the bounty of this great land and deliver to our guests what this great bay has delivered to its people...

Life—energy & revival

Vitality—ageless & renewal

Nourishment—hydration & restoration



life

sago custom massage 30/60/90 minutes \$85/\$130/\$190

A relaxing massage for the entire body using nut free unscented oil, this treatment will help calm your mind and melt away tension.

deep tissue massage 30/60/90 minutes \$95/\$150/\$220

A firm pressure massage to target knotted and over-stressed muscles.

head, hand, and feet 30 minutes \$85

This massage focuses on the areas that get ignored the most! Ease tensions caused by stress and over use of hands and feet with this treatment that includes scalp, hand, and foot massage.

baby on board massage 30/60 Minutes \$85/\$130

Aides in comfort and relieves tension for the mother to be. For guest's safety, prenatal massage is offered only during the second and third trimesters.

river stone massage 60/75 minutes \$155/\$190

As a healing remedy, Native Americans would heat basalt rock, usually found on the ocean floor, and apply them to the body. We have recreated this special regimen as a way to ease stress and anxiety, lift your mood, and help with tired muscles.

life

ashiatsu (barefoot) massage 90 minutes \$200

If you are searching for the deepest massage on the menu, this is it. Bare feet are used to create deep compression and long strokes to stimulate the lymphatic system, leaving you in a most relaxed state.

signature old fashioned back tonic 60 minutes \$140

Inspired by the watermen of the Eastern Shore in need of recovery from harvesting the Bay, this relaxing experience combines deep, intensive massage with steaming herb infused towels. Essential oils of rosemary, juniper and thyme and arnica muscle salve help unravel deep rooted spinal tension.

upgrades

aromatherapy \$10

Choose from three aromatherapy oils centered on Life, Vitality and Nourishment

hydrating hand treatment \$15

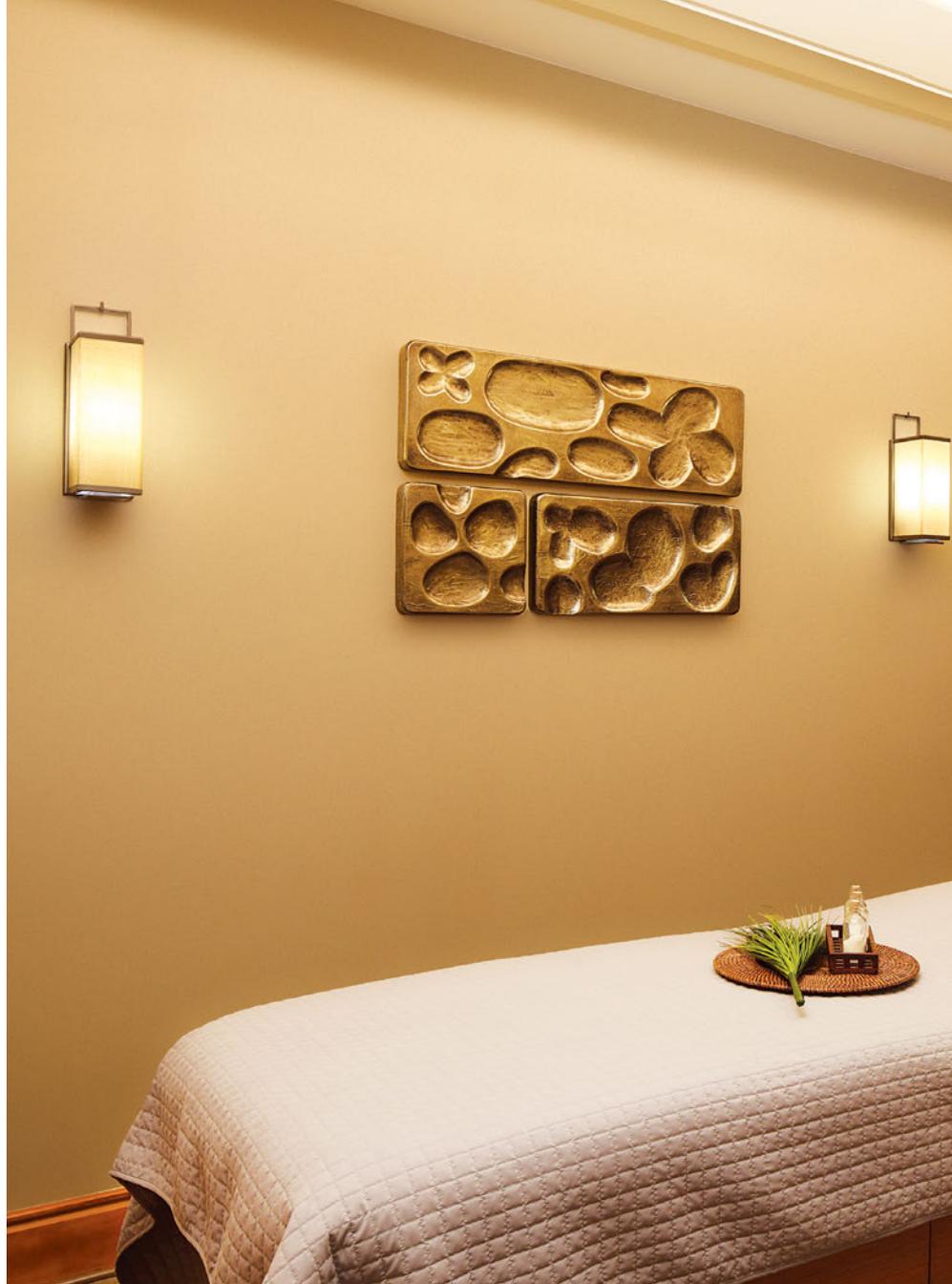
Deeply moisturize hands with this natural paraffin alternative

luminous scalp massage 15 minutes \$25

A deep conditioning treatment for hair and scalp massaged in to induce a state of deep peacefulness

sweet feet 15 minutes \$25

A targeted massage with cooling menthol and anti-inflammatory arnica will leave feet purified, refreshed, and hydrated



vitality

Taking a unique approach to skin care, our facial services are completely customizable and designed to meet your specific skin care needs. After a consultation with one of our skilled estheticians, a personalized treatment and home care regimen will be designed perfect for you.

tidewater signature facial 30 minutes \$85

An express treatment for your skin, this facial cleanses, exfoliates, and hydrates the skin, leaving it refreshed and renewed.

tidewater signature facial 60 minutes \$140

This customized treatment meets all of your basic skin care needs, including cleansing, exfoliating, extractions, treatment mask, and head, neck and shoulder massage.

tidewater signature facial 90 minutes \$200

Increase the benefits of our 60 minute facial by adding any one complimentary upgrade, a second treatment mask, and extended hand, arm, and neck massage.

oxygenating "O₂" facial 60 minutes \$150

Bring vibrancy and illumination to your skin with this unique facial, that deep cleanses and exfoliates and uses an oxygenating mask to reenergize and hydrate your skin for a youthful, dewy glow.

upgrades

bright eyes treatment \$20

A targeted treatment for fine lines, puffiness, and dark circles around the eyes

hydrating lip treatment \$20

This three step treatment will exfoliate, comfort, and hydrate lips

age defying hand treatment \$20

Hands are exfoliated and deeply hydrated to fight the visible signs of aging

antioxidant peel \$20

An AHA peel to deeply exfoliate, refine and stimulate skin for a more youthful look

nourishment

seasonal signature body glow 30/60 Minutes \$85/\$140

A sugar scrub exfoliates to rid your body of dead skin cells before our Vichy Shower helps wash all cares away. For added moisture, our 60 minute version includes an additional loofah exfoliation and moisturizing application. The scents change seasonally, but the results are always the same... more youthful, rejuvenated skin.

ocean dew detox body treatment 60/90 minutes \$140/\$210

Using products infused with toning and stimulating essential oils such as rosemary and juniper and extracts of marine algae and magnesium salts to replenish vital minerals, this exfoliating treatment, performed in our Vichy Room, will help detoxify and fortify the body. 90 minutes includes full body massage

hydrating aloe wrap 60 minutes \$140

This wrap features soothing, repairing extracts of prickly pear and pomegranate in a cool aloe vera base, resulting in deep hydration and healing for stressed or aging skin

moisture restore wrap 90 minutes \$210

Fine, white sugar drenched in jojoba and packed with botanical antioxidants gently polishes your skin and dead skin cells are washed away beneath our Vichy shower. The body is then wrapped in a soothing aloe vera based wrap layered with a restoring body lotion rich in the sweet oils of clementine and magnolia for a deliciously uplifting experience.

sago dreams body wrap 90 minutes \$210

Retreat from the outside world with this relaxing body wrap. Begin with a full body exfoliation before being wrapped in a warm shea butter cocoon. The relaxing aromas of blue chamomile and lavender will put you in a state of ease while you enjoy a scalp and foot massage.



couple's offerings

best mate's massages 30 | 60 | 90 minutes \$170 | \$260 | \$380

Why spa alone when you can spa with your best mate? Enjoy your experience together in our couple's room. Choose your best mate and we'll take care of the rest.

best mate's facials 45 minutes \$250

Side-by-side facials that cleanse, exfoliate, and moisturize, bringing balance to all skin types...no steam or pore extractions in this relaxing facial

chesapeake couples massage 90 minutes \$430

Your experience begins with a warm, soothing foot bath and foot massage. You will then be treated to an uplifting scalp massage followed by side-by-side relaxing full body massages. The perfect treatment to celebrate any occasion.

couples hydrating aloe wrap 90 minutes \$210

Find retreat from the outside world together with this hydrating body wrap, performed side-by-side. This wrap features soothing, repairing extracts of prickly pear and pomegranate in a cool aloe vera base, resulting in deep hydration and healing for stressed or aging skin.

chesapeake bay journeys

signature 2 hours 30 minutes \$330

Enjoy a trio of our signature services!

30 Minute Sago Body Glow

60 Minute Old Fashioned Back Tonic

60 Minute Tidewater Signature Facial

top three 2 hours 45 minutes \$300

Our most popular services rolled into one package!

60 Minute Sago Custom Massage

60 minute Tidewater Signature Facial

45 Minute Bay Pedicure

personal excursion

Create your own personal retreat from any of our a la carte services and receive a 10% discount when you book 3 or more services, each valued at \$55 or more, for the same day.



cures for the hands

polish change 15 minutes \$20

File, buff, and polish

bay manicure 30 minutes \$35

Give your hands a hiatus from their day-to-day demands. Nail shaping, buffing and cuticle clean-up lead to a well-deserved lower arm and hand massage. Finished with the polish of your choice.

sago signature manicure 45 minutes \$55

Start with nail shaping, buffing and cuticle clean up followed by a relaxing hand and arm massage. Warm paraffin will deeply hydrate tired hands before fingers are polished to perfection. Scents change seasonally

gel polish manicure 45 minutes \$55

Includes nail shaping, buffing and cuticle clean-up. Gel polish provides a long wear, zero dry time, and a mirror finish, extending the life of your manicure.

*If you currently have a gel manicure, gel removal will be required at an additional fee. Please let us know when you are booking your appointment so we can add the removal time to your service.

gel polish removal 15 minutes \$20

cures for the feet

sago mini pedicure 30 minutes \$40

Soak, file, buff, and polish

bay pedicure 45 minutes \$65

Begin with a warm footbath designed to soften and soothe tired feet. An exfoliating scrub gently polishes and nourishes the skin before a lower leg and foot massage helps release tension while hydrating the skin. The polish of your choice completes this refreshing foot ritual.

sago signature pedicure 60 minutes \$85

This luxurious treatment starts with a warm footbath to soften and soothe tired feet. An exfoliating scrub gently removes dead skin cells, polishing and nourishing the skin. An indulgent mask is applied to lower legs and feet before they are massaged and deeply hydrated. A warm paraffin treatment and perfectly painted toes complete this relaxing experience. Inquire about our seasonal inspirations.

sago sailor's detail hand ~ 25 minutes \$25
feet ~ 45 minutes \$60

The perfect combination for the active man, these treatments are designed to target the most over worked parts of your body. Using products rich in red algae and magnesium to replenish vital minerals and relieve fatigue, and paying attention to detail on nails and cuticles, you will leave feeling revitalized and refreshed.

sago salon services

sago hair

shampoo & style	from \$50
women's haircut & style	from \$60
men's haircut & style	from \$25
single color process	from \$100
partial highlight	from \$115
full highlight	from \$160
double process or color correction	from \$225
"express blowout"	from \$175
moroccan oil deep conditioning treatment	add \$25

(add to any wet hair service)

sago special occasions

wedding day style - includes veil placement	from \$100
updo	from \$85
flower girl style - under 10 years	from \$50
wedding day makeup	\$85
sophisticated airbrush makeup	\$80
sophisticated mineral makeup	\$55
flower girl makeup - lips, cheeks and eyes	\$25
eyelashes (strip)	\$10

*please inquire about in-room and food and beverage options for bridal parties

waxing services

brow	\$20
lip	\$15
chin	\$15
back	\$70
bikini	\$40
forearm	\$35
full leg	\$75
half leg	\$45
underarm	\$30

spa etiquette & considerations

appointment

Please arrive 30 minutes prior to your appointment to prepare for your Sago Spa experience. In order to reserve your scheduled appointment, we require a valid credit card number at the time of booking.

cancellation

Should you need to cancel an appointment at Sago, please contact us 12 hours in advance of your scheduled appointment. Any cancellations with less than 12 hours notice will result in full charges of the scheduled service. Late arrivals will result in a shortened appointment or the rescheduling of your appointment (charges will apply).

amenities

Sago Spa guests will enjoy the complimentary use of our private men's and women's relaxation rooms, locker rooms, steam, sauna, and co-ed relaxation area. A daily admission fee of \$25 applies to resort guests not receiving treatments.

spa attire

Sago Spa will provide you with a robe and sandals for your comfort. A secured locker will be available for your personal belongings. Sago Spa is not responsible for any lost or misplaced items.

spa environment

At Sago Spa we strive to provide you with the most relaxing and soothing spa experience from the moment you arrive to the moment you leave. Please refrain from using your cell phone. Sago Spa is considered an adult facility and spa services are reserved for guest 18 years of age or older. Select salon services are available for guests under the age of 18.

service charge

For your convenience, a 20% service charge will be automatically added to the cost of your services. Discretionary gratuities above the 20% are greatly appreciated.

gift certificates

Consider giving the gift of spa. It is the one gift they will not return.



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HYATT SPAS

SANITAS PER AQUAS™